

# NEWSLETTER

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## A DEFINING MOMENT IN HEALTHCARE

### ICU INAUGURATION BY CHIEF MINISTER SINDH SYED MURAD ALI SHAH

The Honorable Chief Minister of Sindh, **Mr. Syed Murad Ali Shah**, accompanied by Minister for Health Sindh, **Dr. Azra Fazal Pechuho**, and Secretary Health Sindh, **Mr. Tahir Hussain Sangi**, visited The Kidney Centre Postgraduate Training Institute (TKC) to inaugurate the newly established Intensive Care Unit (ICU).

The delegation was received by **Mr. Adnan Afridi** (Chairman, Board of Governors), **Mrs. Marriana Karim** (Chairman, Friends of The Kidney Centre), and **Dr. Rashid Jooma** (CEO), along with members of the Board and faculty. During the visit, the dignitaries toured key facilities, interacted with staff, and commended the institution's commitment to delivering accessible, high-quality healthcare.

The ICU initiative is part of a broader institutional development plan supported through a PKR 500 million grant from the Government of Sindh, with Phase I expected to be fully operational by October 2026. Join The Kidney Centre in making a difference. Your support empowers us to continue shaping a healthier future for all.

Scan the QR code to watch video glimpses of the Chief Minister's visit to TKC.



## PATIENT SUPPORT & ADVOCACY

### FAISAL EDHI'S VISIT & COMMUNITY MESSAGE

**Mr. Faisal Edhi**, Chairman of the Edhi Foundation and son of the legendary humanitarian (**late**) **Mr. Abdul Sattar Edhi**, visited The Kidney Centre to strengthen the shared commitment to compassion, care, and service to humanity. During his visit, Mr. Edhi toured key departments of the hospital, including the Modular Operating Theatre, Dialysis Hall, Intensive Care Unit, Transplant Bay, Welfare OPD, Executive Dialysis Unit, Lithotripsy Unit, and Private Clinics.

He was also briefed on the AI-powered physician assistant developed in collaboration with Boston Health AI and visited the under-construction ICU facility, highlighting The Kidney Centre's focus on innovation and expanded critical care facilities. Mr. Edhi appealed to philanthropists and the wider community to support The Kidney Centre through their donations. You can be part of our mission too.

Scan the QR code to watch **Mr. Faisal Edhi's** donation appeal.



### MR. SHEHZAD ROY – APPEAL FOR PATIENT SUPPORT

Renowned artist and social advocate **Shehzad Roy**, in a special video message, highlighted the lifelong challenges faced by those battling kidney disease. He emphasized that for many, treatment is a continuous journey that requires ongoing support from the community.

He appealed to everyone to support The Kidney Centre through their donations and Zakat, ensuring that the Patient Welfare Program continues to provide a lifeline to those in need.

Your response to this Zakat appeal can help bridge the gap between a patient's struggle and their recovery. Scan the QR code to watch the video.



## ZAKAT MESSAGES BY CLINICAL LEADERSHIP PROF. AASIM AHMAD & DR. SALMAN EL KHALID

This Ramadan, **Prof. Aasim Ahmad**, Dean & Chief Nephrologist, and **Dr. Salman El Khalid**, Chief Consultant Urologist at The Kidney Centre, share a vital message: for many patients, kidney treatment is not delayed by choice, but by cost. Every day, they witness patients in urgent need of care yet burdened by expenses they cannot afford. For over two decades, your Zakat, Sadaqah, and donations have been a lifeline—ensuring that no patient is turned away due to financial constraints. Your support can help ensure timely treatment for patients in need. Scan the QR code to watch the video messages.



## CME & PROFESSIONAL DEVELOPMENT KIDNEY CARE & SAFE FASTING—CME SESSION BY DR. RUQAYA RIZWAN, CONSULTANT NEPHROLOGIST

A CME session, led by **Dr. Ruqaya Rizwan**, focused on the vital intersection of renal health, nutrition, and Ramadan. The session was well-attended by General Practitioners (GPs), who actively participated in a vibrant Q&A session.

This high level of engagement allowed for a deep dive into real-world clinical scenarios, ensuring that our medical community is better equipped with practical strategies for patient care. The Kidney Centre remains committed to fostering such platforms for knowledge sharing and professional growth.



## CME & PROFESSIONAL DEVELOPMENT

### PAEDIATRIC NEPHROLOGY PRE-CONFERENCE WORKSHOP

In a major step toward enhancing paediatric renal care, The Kidney Centre organized an intensive Vascular Access Pre-Conference Workshop as part of the 6th Biennial International Paediatric Nephrology Conference. Under the patronage of Chief Guest **Prof. Dr. Aasim Ahmad**, Dean & Chief Nephrologist, the session featured a powerhouse faculty led by **Prof. Khemchand N. Moorani**, Consultant Paediatric Nephrologist (TKC), **Dr. Saima**, Consultant Paediatric Nephrologist (TKC), **Dr. M. Bilal Masood Khan**, Consultant Urologist and Vascular Access Surgeon (TKC), and guest instructor **Dr. Fahad Memon**, Consultant Vascular and Endovascular Surgeon from Indus Hospital.

The program seamlessly blended theory with high-impact hands-on training, focusing on critical skills like Ultrasound-Guided Catheter Placement and AVF Assessment. By bridging the gap between surgical expertise and clinical practice, this collaborative workshop successfully equipped healthcare professionals with the vital techniques needed to manage and improve the lives of young patients.



## INFECTION CONTROL PRACTICES WORKSHOP

### MMIDSP CONFERENCE PARTICIPATION – TKC NURSING & IPC TEAM

TKC staff member Ms. Noorida from Infection Control, along with **Ms. Saba** and **Ms. Kanchan** from the Nursing Department, attended a pre-conference workshop on Infection Control Practices – Intentional Rounding in IPC, held as part of the 23rd MMIDSP (Medical Microbiology and Infectious Diseases Society of Pakistan) Conference on January 30, 2026. The session provided hands-on experience in simulated ward-based hazard identification. It strengthened participants' understanding of standard and transmission-based precautions, waste management, and patient safety practices. It also enabled them to develop tailored checklists to effectively identify and address IPC non-compliance within TKC.



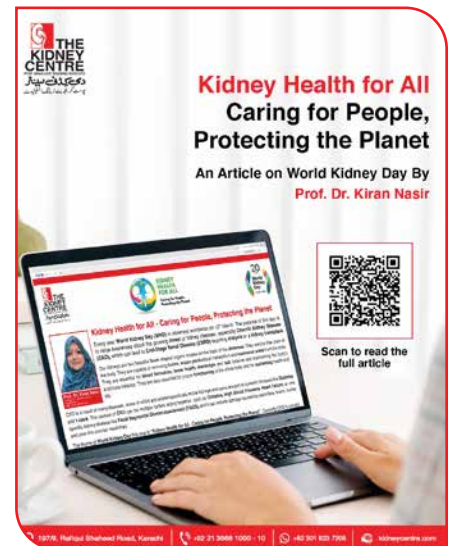
## INFECTION CONTROL PRACTICES WORKSHOP MICROBIOLOGY PATHOGEN DETECTION WORKSHOP MMIDSP CONFERENCE – TKC LABORATORY TEAM

TKC Laboratory staff members **Ms. Fareia Latif** and **Mr. Zain-ul-Abidin** attended a pre-conference workshop on “Microbiology Laboratory Pathogen Detection Techniques – Detect to Prevent” as part of the 23rd MMIDSP Conference on January 17, 2026. The session provided an opportunity to refresh core laboratory skills and learn updated techniques in pathogen detection. It enhanced their ability to improve accuracy and efficiency in processing microbiological culture samples at TKC. The learning will contribute to strengthening diagnostic quality and infection prevention practices within the facility.



## WORLD KIDNEY DAY – AWARENESS & OUTREACH DAWN NEWS FEATURE & EXPERT ARTICLE ON KIDNEY HEALTH-PROF. DR. KIRAN NASIR

As part of World Kidney Day awareness activities, **Prof. Dr. Kiran Nasir**, Consultant Nephrologist at The Kidney Centre, contributed to public education on kidney health through both print and electronic media. She was featured on Dawn News TV’s program “Chai, Toast aur Host”, where she discussed the importance of kidney health awareness, early diagnosis, and timely intervention.



## RADIO SESSION

### DR. SAIMA, CONSULTANT PAEDIATRIC NEPHROLOGIST

As part of World Kidney Day outreach, **Dr. Saima** led a radio session on the program “Jan Hai Tou Jahan Hai” on Hot FM 105, focusing on inclusive kidney care and awareness. The discussion emphasized early intervention and community responsibility in promoting health.



## CORPORATE AWARENESS – PCI AUTOMOTIVE

### DR. RUQAYA RIZWAN

The Kidney Centre conducted an online Health Awareness Session for PCI Automotive on “Kidney Disease and Its Prevention.” The session was led by Associate Professor and Consultant Nephrologist, **Dr. Ruqaya Rizwan**, who shared valuable insights and engaged both management and non-management staff on the importance of early detection and preventive care. Raising awareness remains a key step toward better health outcomes.



## ARTIFICIAL INTELLIGENCE IN PATIENT CARE

### AI-ASSISTED PATIENT ASSESSMENT SYSTEM - COLLABORATION WITH BOSTON HEALTH AI

At The Kidney Centre’s Nephrology & Urology outpatient clinics, an AI-assisted system helps record your medical complaints and history before you meet our doctor. This gives the doctor a clear summary in advance, so your consultation is more focused, and your care can start faster, in collaboration with Boston Health AI. Scan the QR code to see the video.



## TRAINING & WORKFORCE DEVELOPMENT

### PROFESSIONAL BEHAVIOR TRAINING

The Kidney Centre (TKC) hosted **Mr. Muhammad Adnan** (founder of PerformXcel) for a specialized training session on “Professional Behavior.” The session provided our team with actionable insights into workplace ethics, refined communication, and the standards of conduct that define our institution. Continuous professional development is the heartbeat of our growth. A sincere thanks to **Mr. Adnan** for his expertise and to our staff for their enthusiastic participation!



## FIRE SAFETY & EMERGENCY PREPAREDNESS

A Fire Safety & Emergency Preparedness session was conducted at The Kidney Centre by **Mr. Mehboob Sheikh**, a Civil Defence Trainer, with participation from staff across multiple departments. The session focused on building practical awareness around fire risks, including how fires can start, spread, and be effectively managed. This initiative reflects the institution's ongoing commitment to ensuring a safe and prepared environment for both patients and staff.



## SUCCESS STORIES & ACHIEVEMENTS

### IHI RECOGNITION-SPECIALTY NURSING RESEARCH ACCEPTANCE

**Ms. Hina Ali Chagani** is a highly accomplished nursing professional with over 18 years of experience in healthcare. She currently serves as Senior Manager and Head of Nursing at The Kidney Centre and is a Qualified Quality Professional, recognized for her commitment to excellence in patient care and continuous quality improvement. Her research paper, "The Power of Specialty Nursing: Transforming Nephrology & Urology Care," has been accepted by the Institute for Healthcare Improvement (IHI), Boston, USA—an international recognition that highlights her contribution to advancing specialty nursing and improving healthcare standards globally. Her journey reflects strong leadership, expertise, and dedication, serving as an inspiration for impactful contributions in healthcare.



## WELFARE PROGRAM

During the first quarter (January to March 2026), with the continued support of our generous donors, well-wishers, and philanthropists, The Kidney Centre provided essential treatment to thousands of patients, spending over PKR 230 million on patient welfare. For patients who are unable to afford treatment, TKC continues to offer comprehensive renal care either free of charge or at highly subsidized rates. All donations received through Zakat and Charity are strictly utilized to support underprivileged patients in need. At The Kidney Centre, we firmly believe that access to quality healthcare is a basic human right, and this belief continues to guide our mission of serving humanity.

Below is the welfare support extended to deserving patients during Q1 (January–March 2026):

Services	Amount in PKR
Free Filter Clinic	12,892,690
Dialysis Sessions	74,236,900
Diagnostic Procedures	45,651,812
Surgeries	72,137,131
Inpatients (Nephrology)	24,988,717
Lithotripsy Sessions	717,500
<b>Total</b>	<b>230,624,750</b>

TKC ensures that your donations are used with the utmost transparency and efficiency, and remains dedicated to serving humanity. Your continued support empowers us to bring meaningful change to countless lives. Together, we are shaping a healthier, brighter future. To support The Kidney Centre's mission, please visit [www.kidneycentre.com](http://www.kidneycentre.com). Scan to donate:



## WELCOMING NEW CONSULTANTS



**Meet Our Consultant**

**DR. WAJAHAT FAREED**  
CONSULTANT PAEDIATRIC UROLOGIST  
MBBS, FCPS (UROLOGY), FELLOWSHIP IN PAEDIATRIC UROLOGY

**Clinical Focus / Area of Expertise:**

- Hypospadias repair
- Pediatric urological reconstructive surgery
- Minimally invasive stone surgeries
- Neurogenic bladder and bladder dysfunction
- Congenital urological anomalies



Scan the QR code to request an appointment



**CLINIC SCHEDULE**  
MON & THU  
10:00 AM TO 2:00 PM

197/9, Rafiqi Shaheed Road, Karachi

021 3566 1000 - 10

0301 8237205

[f](#) [@](#) [in](#) /TheKidneyCentre

[kidneycentre.com](#)



**Meet Our Consultant**

**DR. NATASHA WAJHEE**  
CONSULTANT HAEMATOLOGIST  
MBBS, FCPS (HAEMATOLOGY)

**Clinical Focus / Area of Expertise:**

- Diagnosis and management of Anaemias
- Identifying various bone marrow pathologies
- Diagnosis of Leukemia
- Diagnosis and management of various bleeding disorders



Scan the QR code to request an appointment



**CLINIC SCHEDULE**  
MON & FRI  
10:30 AM TO 12:30 PM

197/9, Rafiqi Shaheed Road, Karachi

+92 21 3566 1000 - 10

+92 301 8237205

[kidneycentre.com](#)

## EXPANDING ADVANCED DIAGNOSTIC CAPABILITIES

The Kidney Centre Laboratory has strengthened its diagnostic portfolio by introducing in-house testing for selected specialized investigations, including **Tacrolimus and Cyclosporine levels**. This enhancement enables faster turnaround times, improved workflow efficiency, and reduced reliance on external reference laboratories.

# WHEN ONE PERSON FALLS ILL, THE WHOLE HOME FEELS IT

Your Zakat and donation can help ease that burden



Scan to Donate

# STAY HOME. STAY SAFE.

Avoid the heatwave and avail our  
**Home Health Services.**



Tele-Clinic  
Service



Lab Sample  
Collection Service



Pharmacy  
Delivery Service



Scan the QR Code  
to request a service.





## Dialysis Care, Made for Children.

**Paediatric Haemodialysis at The Kidney Centre,  
designed with expert care, comfort, and convenience**

- Supervised by expert Paediatric Nephrologists
- Care by trained dialysis staff
- Child-friendly and reassuring environment
- Dedicated paediatric sessions
- Family support during treatment
- Evening timings for the convenience of caregivers

### Timings:

**Monday, Wednesday & Friday  
5:00 PM – 9:00 PM**

Consult with our expert  
Paediatric Nephrologist today.  
Scan the QR code  
to book an appointment.

