

NEWSLETTER

TABLE OF CONTENTS

The Kidney Centre extends its sincere gratitude for their generous support:

Pakistan Mortgage Refinance Company	01
Pak Oman Investment Company	01

CME Seminar:

Recurrent UTI – What and How to Treat in General Practice	02
Office Management of Erectile Dysfunction (ED)	03
Procalcitonin – A Step Forward in Diagnostic Excellence	04

Knowledge Beyond Boundaries CME Session at K-Electric 05

Vitamin D Deficiency and the Importance of Vitamin D3 Investigation

14th August at TKC 05

Independence Day Celebration

Your Health Matters 06

Dr. Bilal Masood – Transplant Bay Facility Highlights

Health Awareness Radio Show 06

“Jaan Hai to Jahan Hai” – Dr. Imran Iftikhar on FM 105
--

Meet Our New Consultant 07

Dr. Wahaj Fatimi Joins TKC

Welcome on Board 07

Welfare Program 08

Updates & Impact Statistics



THE KIDNEY CENTRE EXTENDS ITS SINCERE GRATITUDE FOR THEIR GENEROUS SUPPORT: PAKISTAN MORTGAGE REFINANCE COMPANY

The Kidney Centre acknowledges the kind donation from Pakistan Mortgage Refinance Company (PMRC).

Dr. Saeed Chishty, Administrator, together with **Mr. Zaheer Ahmed** from Resource Development, visited the PMRC office to formally accept the contribution.

The cheque was presented by **Mr. Mudassir H. Khan**, Managing Director & CEO, along with **Ms. Iffat Hina**, EVP and Head of HR & Administration. We appreciate PMRC's steadfast commitment to social responsibility and its generous support toward advancing healthcare in Pakistan.



PAK OMAN INVESTMENT COMPANY

The Kidney Centre is honored to receive generous support from Pak Oman Investment Company. **Mr. Nauman Ansari**, Managing Director and CEO, visited the Centre alongside **Mr. Shoaib Omair**, SEVP & Group Head HR, and **Mr. Jawad**, Unit Head. During the visit, a donation cheque was formally presented to **Dr. Rashid Jooma**, CEO of The Kidney Centre. Representing the Centre were **Mr. Faraz Ellam** and **Mr. Zaheer Ahmed** from the Marketing and Resource Development teams. We sincerely value Pak Oman's ongoing commitment to community healthcare and corporate social responsibility.



CME SEMINAR

RECURRENT UTI: WHAT AND HOW TO TREAT IN GENERAL PRACTICE

BY: DR. BILAL MASOOD KHAN – CONSULTANT UROLOGIST,
VASCULAR ACCESS & TRANSPLANT SURGEON

The Kidney Centre (TKC) hosted an engaging CME session led by **Dr. M. Bilal Masood Khan** on managing recurrent urinary tract infections in general practice. The session offered practical, evidence-based insights and an interactive Q&A, reinforcing TKC's commitment to advancing clinical knowledge and patient care.



CME SEMINAR

OFFICE MANAGEMENT OF ERECTILE DYSFUNCTION (ED)

BY: DR. MUHAMMAD SHOAIB MITHANI – ASSOCIATE PROFESSOR & CONSULTANT UROLOGIST

The Kidney Centre (TKC) hosted a focused CME session led by **Dr. M. Shoaib Mithani** on the diagnosis and management of Erectile Dysfunction (ED). The session covered clinical assessment, pharmacological options, and referral guidelines, empowering general practitioners with practical tools and confidence in addressing men's health concerns.



CME SEMINAR

PROCALCITONIN – A STEP FORWARD IN DIAGNOSTIC EXCELLENCE

BY: PROF. RADMILO JANKOVIC, (UNIVERSITY CLINICAL CENTRE OF NIŠ, SERBIA) & DR. NADIA ASHER, CHEMICAL PATHOLOGIST

The Kidney Centre Laboratory hosted an insightful CME session marking the launch of Procalcitonin testing. **Dr. Nadia Asher** introduced the clinical value of this biomarker, while **Prof. Radmilo Jankovic** shared global perspectives on antimicrobial resistance. The session emphasized the role of Procalcitonin in distinguishing bacterial from viral infections and promoting evidence-based antibiotic stewardship.



KNOWLEDGE BEYOND BOUNDARIES CME SESSION AT K-ELECTRIC VITAMIN D DEFICIENCY AND THE IMPORTANCE OF VIT-D3 INVESTIGATION

BY: DR. RUKHSHANDA JABEEN (CONSULTANT ENDOCRINOLOGIST)



The Kidney Centre (TKC) conducted a Knowledge Beyond Boundaries CME Session at K-Electric, led by **Dr. Rukhshanda Jabeen**. The session addressed the rising prevalence of Vitamin D deficiency and the critical role of Vitamin D3 testing in

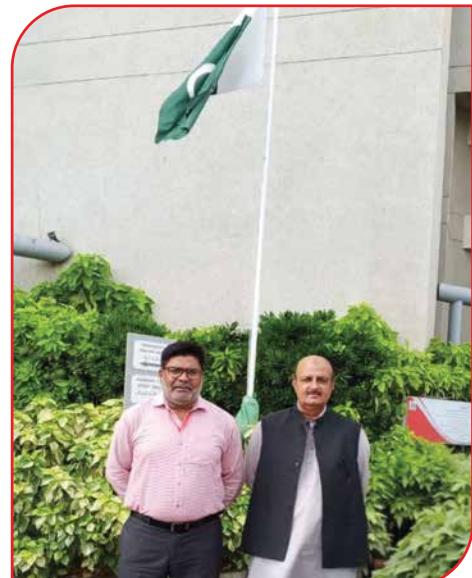
accurate diagnosis and treatment planning. Attended by K-Electric's medical team, the discussion reinforced the importance of Vitamin D in bone health, immunity, and overall well-being, reflecting TKC's ongoing commitment to community and corporate health education.



INDEPENDENCE DAY CELEBRATION 14TH AUGUST AT TKC

The Kidney Centre proudly celebrated Pakistan's 78th Independence Day with great enthusiasm and unity.

The flag-hoisting ceremony reflected our deep respect for the nation's heritage and the sacrifices of our forefathers. TKC extends heartfelt wishes for Pakistan's continued progress, prosperity, and strength in the years ahead.



YOUR HEALTH MATTERS: EXPERT MESSAGES

TRANSPLANT BAY FACILITY HIGHLIGHTS

BY: DR. BILAL MASOOD KHAN – CONSULTANT UROLOGIST, VASCULAR ACCESS & TRANSPLANT SURGEON

The Kidney Centre takes pride in leading ethical and safe renal transplant services in Pakistan. With the launch of our dedicated Kidney Transplant Bay, TKC has enhanced post-operative care through specialized rooms, strict infection control, and dedicated staff, ensuring safety and dignity for both donors and recipients. This milestone underscores our commitment to responsible healthcare and patient-centered excellence, while advocating for ethical solutions to address the ongoing challenge of organ shortage nationwide.



To watch the video message from **Dr. Bilal Masood Khan**, please scan the QR code.



HEALTH AWARENESS RADIO SHOW “JAAN HAI TO JAHAN HAI” – DR. IMRAN IFTIKHAR ON FM 105

In connection with **World Heart Day**, The Kidney Centre collaborated with **Hot FM 105** for a special health awareness segment. **Dr. Imran Iftikhar**, Consultant Cardiologist, highlighted key heart health concerns, especially for kidney patients.



MEET OUR NEW CONSULTANT

DR WAHAJ FATIMI JOINS TKC

Meet **Dr. Wahaj Fatmi**, our experienced Consultant Cardiologist and Intensivist. With specialized expertise in advanced care for heart failure and cardiomyopathy, cardiac arrhythmias, hypertensive emergencies, acute coronary syndromes, advanced cardiac life support (ACLS), and emergency cardiac care.



Meet Our Consultant

Dr. Hafiz Syed Wahaj Azim Fatmi
CARDIOLOGIST & INTENSIVIST
MBBS, FCPS (CARDIOLOGY), FELLOWSHIP IN CRITICAL CARE MEDICINE

Areas of Interest:

- Acute Coronary Syndromes (Heart Attack, Unstable Angina)
- Heart Failure & Cardiomyopathy
- Cardiac Arrhythmias
- Hypertensive Emergencies
- Shock (Septic, Cardiogenic, Hypovolemic)
- Ventilator Management & Advanced Airway Care
- Sepsis and Multi-Organ Failure
- Post-Operative Cardiac Critical Care
- Point-of-Care Ultrasound in ICU
- Advanced Cardiac Life Support (ACLS) & Emergency Cardiac Care



Scan the QR code to request an appointment

CLINIC SCHEDULE

MONDAY TO THURSDAY | FRIDAY
12:00 PM TO 2:00 PM | 12:00 PM TO 1:30 PM

📍 197/9, Rafiqui Shaheed Road, Karachi | ☎ 021 3566 1000 - 10 | 📲 0301 8237205 | 🌐 TheKidneyCentre | 🌐 kidneycentre.com

WELCOME ON BOARD:



Dr. Sana Wasim
Anaesthetist
(Junior Consultant)



Dr. Nadia Asher
Chemical Pathologist



Dr. Hafiz Syed Wahaj Azim Fatmi
Head of ICU/Consultant Cardiologist



Dr. Muhammad Idrees
Registrar Urology



Mr. Tabish Jawed
Manager Supply Chain

WELFARE PROGRAMME UPDATES & STATS

During the third quarter (July to September 2025), with the help of our generous donors, well-wishers, and philanthropists, The Kidney Centre provided essential treatment to thousands of patients, spending over **PKR 280 million** on patient welfare. For those unable to afford treatment, TKC offers comprehensive renal care, either free of charge or at reduced rates. All donations received through Zakat and Charity are strictly utilized to support underprivileged patients. We believe that access to quality healthcare is a basic human right, and this belief continues to guide our mission. Below is the welfare support extended to deserving patients during Q3 (July–September 2025):

Services	Amount in PKR
FREE FILTER CLINIC	14,767,800
DIALYSIS SESSIONS	78,111,650
DIAGNOSTIC PROCEDURES	55,644,788
SURGERIES	105,535,671
IN-PATIENTS (Nephro)	25,358,167
LITHOTRIPSY SESSIONS	1,177,930
Total	280,596,006

TKC ensures that your donations are used with the utmost transparency and efficiency, and remains dedicated to serving humanity. Your continued support empowers us to bring meaningful change to countless lives. Together, we are shaping a healthier, brighter future.

To support The Kidney Centre's mission, please visit: www.kidneycentre.com

EXPERIENCE EXCELLENCE IN HEALTHCARE SERVICES



Services Offered at TKC

- **Primary Dialysis Unit**

Cutting-edge unit with 64 dialysis machines.

- **Executive Dialysis Wing**

Private cubicles with TV, internet and attendant area.

- **Nephrology & Urology Services**

(Adult & Paediatric)

State-of-the-art therapies for Kidney and Bladder diseases.

- **Cardiology Services (Adult & Paediatric)**

Non-invasive procedures including Echocardiography, Stress Testing, Paediatric Echo Services, Coronary CT Angiography and Coronary Calcium Scoring Test.

- **Gastroenterology Services**

(Adult & Paediatric)

Endoscopy, Colonoscopy, and more.

- **Advanced Laboratory Services**

ELISA testing and automated analysers.

- **Radiology Services**

CT Scan, Ultrasound, and X-ray facilities.

- **In-Patient Services**

Modular OT, ICU, HDU, Transplant Bay, Deluxe Rooms, Private & Semi Private Rooms, and General Ward.

- **24/7 Services**

Emergency, Laboratory, X-ray & Pharmacy.

Specialities

- Nephrology
- Kidney Transplant
- Urology
- Paediatrics
- Female Urology Clinic
- Cardiology
- Gastroenterology
- Endocrinology
- Haematology
- Pulmonology
- Neurology
- General Surgery
- Vascular Surgery
- Neurosurgery
- Physiotherapy
- Nutrition
- Free Screening Clinic
- Free Eye Clinic
(Courtesy of LRBT)

