

NEWSLETTER

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HEADING TOWARDS EXCELLENCE

INAUGURATION OF KIDNEY TRANSPLANT BAY

The Kidney Centre has inaugurated its new Kidney Transplant Bay—an advanced facility designed to provide specialized post-transplant care. This dedicated unit marks a major milestone in enhancing infection control and delivering safer, more efficient, and patient-centered transplant services.

The inauguration ceremony was attended by **Mr. Saeed Allawala**, **Mrs. Gul-e-Rana Saeed**, **Mr. Tariq Allawala**, CEO of Medinostic Health Care, along with **Mr. Adnan Afridi**, Chairman TKC, **Mrs. Marriana Karim**, Vice Chairperson, **Mr. Shams Rafi**, Board Member, **Dr. Rashid Jooma**, CEO, Dr. Saeed Chishty, and the dedicated transplant team. TKC remains committed to providing high-quality, ethical kidney transplant care.

We extend our heartfelt gratitude to **Mr. Saeed Allawala**, Chairman of ATCO Laboratories, for his generous support in the establishment of the Transplant Bay, his contribution has been instrumental in bringing this vision to life.



CELEBRATING INTERNATIONAL NURSES DAY

The Kidney Centre marked International Nurses Day with a heartfelt ceremony, proudly sponsored by B. Braun Pakistan. Nurses from across departments came together to celebrate their vital role in patient care.



Dr. Syed Saeed Hassan Chishty, Administrator, **Ms. Hina Ali Chagani**, Sr Manager and Head of Nursing, and **Mr. Talha Zeb**, Manager of Human Resources, appreciated the unwavering dedication of the nursing staff. Outstanding nurses were recognized with tokens of appreciation. **Ms. Hina** was also honored with a shield of appreciation by **Dr. Saeed**.



SCREENING CAMP AT TCS

Building a healthier nation starts within our communities. The Kidney Centre was proud to collaborate with TCS Private Limited at their Warehouse (Metro W&D) for an impactful renal health screening camp. This initiative brought essential tests and expert consultations to the forefront, emphasizing the importance of proactive kidney care. Early detection is key to a healthy life, and we're dedicated to making it accessible to all.



CELEBRATING EARTH DAY

On the occasion of Earth Day, The Kidney Centre & Post Graduate Training Institute hosted a meaningful awareness session featuring a thought-provoking talk by **Prof. Dr. Aasim Ahmad** (Dean & Chief Nephrologist-TKC) on the topic "Healthcare and Environment."

The session shed light on the core climate issues we face today—rising global temperatures, pollution—and explored how healthcare systems can contribute to a more sustainable and healthier planet.



CME SEMINAR AT THE KIDNEY CENTRE

SPEAKER: PROF. DR. KIRAN NASIR

CONSULTANT NEPHROLOGIST

A Perspective-shifting CME at The Kidney Centre, led by **Prof. Kiran Nasir** (Consultant Nephrologist), focused on identifying early symptoms, accurate diagnostic tools, and the right time to refer patients with rising creatinine levels.

Prof. Kiran shared expert insights on recognizing when clinical signs necessitate nephrology input. Attended by general practitioners, the interactive session featured active participation and real-world renal case discussions.



CME SEMINAR AT K-ELECTRIC ELANDER COMPLEX

SPEAKER: DR. AYESHA KHAN, CONSULTANT FEMALE UROLOGIST

Engaging minds and fostering learning! The Kidney Centre (TKC) had a fantastic Continuing Medical Education (CME) session at Elandar Complex, where **Dr. Ayesha Khan**, Consultant female Urologist, shared her expertise on Urinary Tract Infection with the K-Electric medical team. The session was highly interactive; her sharing of real-life cases and an engaging Q&A session made it a valuable experience for all participants.



GRATITUDE TO PARCO

The Kidney Centre is sincerely grateful to PARCO for their generous donation and continued support. During a special event organized by PARCO to support NGOs, **Ms. Sharon Dias**, General Manager Group Corporate Affairs, along with **Capt. (R) Nadeem Ajwad Chishti**, Head Corporate Affairs & CSR (Right), and PARCO staff, presented a donation cheque to our Resource Development team, **Ms. Huma Hassan** and **Mr. Zaheer Ahmed**. The event also highlighted PARCO's remarkable 50-year journey, showcasing its unwavering commitment to community welfare and corporate social responsibility. We truly appreciate PARCO's efforts in supporting the healthcare sector and are honored to be among the organizations benefiting from their meaningful contributions.



FRIENDLY CRICKET MATCH

THE KIDNEY CENTRE BEATS DR. ZIAUDDIN HOSPITAL

Congratulations to TKC's cricket team for winning a friendly match against Dr. Ziauddin Hospital.



WELFARE PROGRAM UPDATES & STATS

During the second quarter (**April to June 2025**), with the help of our generous donors, well-wishers, and philanthropists, The Kidney Centre provided essential treatment to thousands of patients, spending over **PKR 241 million** on patient welfare. For those unable to afford treatment, TKC offers comprehensive renal care, either free of charge or at reduced rates. All donations received through Zakat and Charity are strictly utilized to support underprivileged patients. We believe that access to quality healthcare is a basic human right, and this belief continues to guide our mission. Below is the welfare support extended to deserving patients during Q2 (**April–June 2025**):

Services	Amount in PKR
FREE FILTER CLINIC	11,735,350
DIALYSIS SESSIONS	73,515,000
DIAGNOSTIC PROCEDURES	50,507,529
SURGERIES	78,368,898
IN-PATIENTS (Nephro)	26,922,985
LITHOTRIPSY SESSIONS	871,860
Total	241,921,622

TKC ensures that your donations are used with the utmost transparency and efficiency, and remains dedicated to serving humanity. Your continued support empowers us to bring meaningful change to countless lives. Together, we are shaping a healthier, brighter future.

To support The Kidney Centre's mission, please visit: www.kidneycentre.com

COLLABORATING FOR ADVANCING MEDICAL EDUCATION CCL JOINS HANDS WITH THE KIDNEY CENTRE

In a significant step toward promoting collaborative medical education, The Kidney Centre and CCL Pharmaceuticals have signed a Memorandum of Understanding (MoU) to jointly support Continuing Medical Education (CME) focused on urology and nephrology.

The MoU was formally signed by **Dr. Rashid Joona**, CEO of The Kidney Centre, and **Mr. Umair Maroof**, Director Sales & Marketing of CCL Pharmaceuticals, marking the beginning of a purposeful partnership centered on academic excellence and professional development.



YOUR HEALTH MATTERS EXPERT MESSAGES

World Health Day

Dr. Shariq Anis Khan,
Consultant Paediatric Urologist
Your child's kidney health starts with you.
Early detection = lifelong protection.

Dr. Saima Kashif,
Consultant Paediatric Nephrologist
Expectant mothers: Control BP, diabetes
and anemia. Early kidney check-up, if the
baby is premature or underweight.

World Hypertension Day

Prof. Kiran Nasir,
Consultant Nephrologist
High BP silently damages the kidneys.
Monitor, know your risks, and act early.



MEET OUR NEW CONSULTANTS



Meet Our Consultant
DR. AYESHA KHAN
 CONSULTANT FEMALE
 UROLOGIST
 MBBS, FCPS (UROLOGY),
 MRCS (EDINBURGH), CHPE



Areas of Interest:

- Urolithiasis (Kidney- Ureter- Bladder Stone)
- Uro-oncology
- Endourology
- Minimally Invasive Surgery
- Reconstructive Surgery
- Urinary Tract Infection
- Urinary Incontinence/Retention



CLINIC SCHEDULE
 WEDNESDAY & THURSDAY
 04:00 PM TO 05:00 PM

197/9, Rafiqi Shaheed Road, Karachi | 021 3566 1000 - 10 | 0301 8237205 | #TheKidneyCentre | thekidneycentre.com



Meet Our Consultant
DR. RIZWAN KHAN
 CONSULTANT VASCULAR
 SURGEON
 MBBS, FCPS, FACS (USA),
 FELLOWSHIP FROM ARMED FORCES
 PAKISTAN MILITARY, ICMT / HPE



Areas of Interest:

- Arteriovenous access for dialysis patients
- Aortic aneurysm repair
- Carotid artery disease management
- Varicose veins management
(Advanced laser & sclerotherapy treatment)
- Peripheral bypasses & angioplasty, stenting of peripheral vascular disease and diabetic foot
- Advanced and surgical management of arteriovenous malformation or AVM



CLINIC SCHEDULE
 MONDAY & WEDNESDAY
 05:00 PM TO 07:00 PM

197/9, Rafiqi Shaheed Road, Karachi | 021 3566 1000 - 10 | 0301 8237205 | #TheKidneyCentre | thekidneycentre.com

