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HAPPENINGS AT TKC

WORLD HANDWASHING DAY AWARENESS ACTIVITY:

In the context of Global Hand Washing Day on Tuesday, October 15, 2024, Infection Prevention and Control Department of The Kidney Centre – Post Graduate Training Institute conducted a comprehensive activity across all departments. As part of our ongoing commitment, TKC has consistently emphasised the importance of proper hand-washing techniques, highlighting key indicators such as duration, technique, and the appropriate use of soap & water. Through active engagement with staff, TKC Infection Prevention and Control Department aimed to enhance awareness of the role of hand washing in infection prevention while fostering a culture of health and safety within our institution and the wider community.



THE KIDNEY CENTRE WELCOMED PROJECT C.U.R.E.:

The Kidney Centre had the privilege of hosting **Mr. Denis Perron**, (Need Assessor from Project C.U.R.E).

His visit marked a vital step toward enhancing TKC healthcare services through meaningful collaboration. **Dr. Rashid Jooma** (CEO), **Dr. Syed Saeed Chishty** (Administrator), **Mr. Abid Abdul Aziz** (Manager Purchase Department), and **Ms. Hina Ali** (Sr. Manager and HOD, Nursing, TKC) warmly received **Mr. Perron**. Discussions focused on identifying healthcare needs and exploring innovative ways to improve patient care. This visit highlights The Kidney Centre's commitment to collaborating with global organisations to transform healthcare delivery. We look forward to fostering impactful collaborations with Project C.U.R.E. and other like-minded organisations.



HAPPENINGS AT TKC NURSING STAFF TRAINING SESSION:

The Kidney Centre, in collaboration with **B. Braun Pakistan**, conducted a **comprehensive training session** for the nursing team, integrating theoretical best practices with hands-on training to enhance professional skills and improve patient care. **Ms. Hina Ali**, (Sr. Manager and HOD, Nursing, TKC) along with representatives from B. Braun, facilitated the session, ensuring an engaging and informative experience for participants. TKC appreciates the support of its training partner and commends the nursing team for their dedication to continuous learning and professional growth. Here is a glimpse of the interactive session, hands-on training, and certification moments that reflect our unwavering commitment to delivering quality healthcare.



CONTINUING MEDICAL EDUCATION (CME) SESSION, “MANAGEMENT OF ENURESIS”:

The Kidney Centre - Post Graduate Training Institute hosted a CME session on "Management of Enuresis (Bed Wetting)." Led by TKC's esteemed faculty, Prof. **Dr. Khemchand N. Morani** (Consultant Paediatric Nephrologist) and **Dr. Saima Kashif**. (Consultant Paediatric Nephrologist) The session offered valuable insights into managing this condition in paediatric patients. We thank all attendees for their engagement and look forward to more informative sessions in the future!



HAPPENINGS AT TKC

QUALITY IMPROVEMENT SESSION HIGHLIGHTS: THE IMPORTANCE OF DOCUMENTATION:

The Kidney Centre - Post Graduate Training Institute remains committed to enhancing healthcare standards through continuous education. TKC conducted a training session on “**The Importance of Documentation in Medical Practice**” led by **Dr. Faraz Hashmi**, a highly experienced healthcare professional with over 15 years of experience in Pakistan and U.K. The session emphasised the role of accurate documentation in improving patient care, minimising errors, and enhancing communication within medical teams. The session was attended by **the esteemed clinical and administrative leadership of The Kidney Centre**, along with faculty and consultants.

We appreciate the participation of all attendees and thank everyone for making the session a success.



THE KIDNEY CENTRE HOSTED “DRAP” DELEGATION TO STRENGTHEN PHARMACOVIGILANCE:

The Kidney Centre welcomed a delegation from the Drug Regulatory Authority of Pakistan (DRAP), led by CEO **Dr. Asim Rauf**, on December 6, 2024. **Dr. Syed Saeed Hasan** (Administrator TKC) and **Ms. Zarina Akhtar** (Manager of Pharmacy) accompanied the delegation representing TKC. DRAP praised TKC’s pharmacy services and discussed strategies to enhance adverse drug reaction (ADR) reporting to the DRAP Pharmacovigilance Center. TKC highlighted its ongoing efforts in pharmacovigilance, reaffirming its commitment to patient safety and aligning with global standards.



HAPPENINGS AT TKC

HOUSEKEEPING DRILL: PROTOCOL FOR DISINFECTING: ISOLATION ROOMS:

The Kidney Centre's Department of Infection Prevention and Control conducted a comprehensive housekeeping drill focused on disinfecting isolation rooms. Under the expert supervision of the infection control team, housekeeping staff was trained in advanced disinfection techniques for critical surfaces, including floors, walls, patient beds, trolleys, chairs, curtains, and other high-contact areas that pose an infection risk. This initiative reinforces The Kidney Centre's commitment to excellence in patient care and infection prevention, ensuring a safe and hygienic environment for all.



TRAINING SESSION ON INFECTION CONTROL PRACTICES:

The Kidney Centre's Department of Infection Prevention and Control organised a Training Workshop on Infection Control Practices, with active participation from housekeeping staff and porters. The session aimed to equip participants with essential skills and techniques to maintain a safe and hygienic environment, covering best practices for cleaning and disinfecting critical surfaces, including floors, walls, patient beds, trolleys, chairs, and curtains. The workshop featured an informative talk by **Dr. Safia Moin** (Assistant Professor, Consultant Microbiologist, and HOD Infection Prevention and Control) highlighting key strategies for effective infection prevention.

This initiative underscores The Kidney Centre's unwavering commitment to excellence in infection control and patient care, setting new benchmarks in hygiene and safety standards.



HAPPENINGS AT TKC

HEALTH AWARENESS MESSAGES FROM TKC CONSULTANTS:

A series of expert insights was recently shared to highlight critical health topics:

Professor Aasim Ahmad (Dean and Chief Nephrologist of TKC - PGTI) delivered a video message highlighting the importance of early diabetes diagnosis and treatment while shedding light on its impact on kidney health.

Dr. Rukhshanda Jabeen (Consultant Endocrinologist, TKC) also shared a video message emphasising the accurate diagnosis and effective management of Type 1, Type 2, and Type 3 diabetes. She discussed the prevalence of diabetes in Pakistan and the critical need for lifestyle modifications to prevent the disease.

Dr. Shobha Luxmi (Consultant Infectious Diseases, TKC) provided a text message focusing on the importance of hand hygiene in infection prevention and its vital role in maintaining overall health. Scan the QR code to see the video messages.



PATIENT TESTIMONIAL: FEMALE UROLOGY CLINIC, "FOR WOMEN, STAFFED BY WOMEN":

The Kidney Centre's Female Urology Clinic for Women, Staffed by Women, continues to prioritise women's health and well-being. Led by expert female consultant urologists and urogynecologists along with female nursing and support staff, we provide compassionate, personalised care exclusively for female urological health. Recently, a patient who benefited from this exclusive clinic and services shared her positive experience and highlighted the comfort, care, and professional support she received. The Kidney Centre is proud to offer a safe, supportive environment where women's health is in the hands of women. Scan the QR Code to see the video of the patient testimonial.



HAPPENINGS AT TKC

THE EMPLOYEE OF THE QUARTER 3, 2024 (JULY- SEP, 2024):

The Leadership of **The Kidney Center and Postgraduate Training Institute** hosted a recognition ceremony in Q4 2024 to honour the exceptional performance of employees during the third quarter (July–September 2024). The event was graced by **Mrs. Marriana Karim**, (Vice Chairman - TKC) alongside **Mr. Faheem Darvaish** (Senior Manager & Head of HR) and **Dr. Syed Saeed Chishty** (Administrator- TKC) who encouraged the awardees to maintain their dedication and consistency.

Employee of the Quarter Award Recipients:

- **Mr. Hashim Khan** – Senior Vigilance Assistant
- **Dr. Faryal Kamil** – Senior Medical Officer
- **Mr. Irfan Khan** – Porter
- **Ms. Sunbul Pervez** – Patient Welfare Officer
- **Mr. Adil Hussain** – Endoscopy Technician

Congratulations to all awardees for their outstanding contributions and commitment to excellence!



WELCOME ON BOARD, QUARTER -4 (- SEP 2024):



MR. ABDUL WAHAB
General Manager Finance



DR. SUMAYYA KAUSAR
Anaesthetist (Junior Consultant)

HEALTH AWARENESS SESSION AT PARCO:

The Kidney Centre (TKC) is leading the way in promoting women’s urological health through specialised services designed specifically for women, by women. This initiative highlights the visionary leadership of TKC, which is committed to addressing women’s unique healthcare needs with sensitivity, expertise, and a strong emphasis on awareness and prevention. As part of this commitment, TKC recently conducted a health awareness session at Pak-Arab Refinery Limited (PARCO). The session, led by Dr. Ayesha Saleem, (Consultant Female Urologist) at TKC, educated female employees on recognising early urological symptoms, seeking timely treatment, and adopting healthier lifestyles through improved hygiene and preventive care. The event was met with overwhelming appreciation from PARCO’s employees and leadership. Mr. Faraz Ellam (Head of the Department and Manager of Marketing), also represented TKC at the event, reinforcing its dedication to extending impact beyond clinical services. By fostering health awareness in corporate environments, TKC continues to empower communities and champion better health outcomes for women across Pakistan.



WELFARE PROGRAMS: STATISTICS AND UPDATES:

During the last quarter (October to December 2024), with the help of our generous donors, well-wishers, and philanthropists, TKC treated thousands of patients, spending over PKR 224 million on patient welfare. Approximately 50 percent of the people treated at TKC are in need of financial assistance and the number of these individuals continues to rise. For patients unable to afford treatment, TKC provides comprehensive renal care, free of charge. All donations made through Zakat/Charity are exclusively used to support those who cannot pay for their medical care. We firmly believe that access to quality healthcare is a fundamental right, and our commitment to this principle has guided our actions throughout the year. Below is the welfare support provided to needy patients during Q4 (October–December 2024):

SERVICES	PKR
Free Filter Clinic	10,556,090
Dialysis Sessions	65,941,000
Diagnostic Procedures	41,825,405
Surgeries & In-patients	104,893,615
Lithotripsy Sessions	908,000
Total	224,124,110

TKC ensures that your donations are utilised with the highest transparency, efficiency and are dedicated to serving humanity. Your continued support empowers us to create a meaningful impact, transforming the lives of countless patients. Together, we are shaping a healthier, brighter future. To support The Kidney Centre’s mission and help those in need, please visit our website at www.kidneycentre.com for more details.