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HAPPENINGS AT THE KIDNEY CENTRE

DONORS ENGAGEMENT EVENT:

Donors gathering and modular OT suite visit

Embracing the Future of Surgery

The Kidney Centre (TKC) held a donor appreciation ceremony for the Modular Operation Theater Floor. The event hosted by the Vice Chairman of the board, **Mrs. Marriana Karim** was honored by the presence of the notable donors. The Chairman of the Board, **Mr. Adnan Afridi** formally thanked the donors for their generous contributions, and the **CEO, Dr. Rashid Jooma** of TKC presented plaques to the donors. Following the ceremony, a guided tour of the state-of-the-art OT Floor was also provided to donors.

Our modular operating theaters are designed to revolutionize surgical practices, offering:

- Unmatched flexibility and mobility
- Quick setup and seamless integration of advanced technology
- Enhanced patient outcomes



HAPPENINGS AT THE KIDNEY CENTRE

14TH AUG. CELEBRATION:

A collection of video messages from our doctors and the head nurse

On August 14th, 2024, The Kidney Centre commemorated Independence Day with a renewed commitment to delivering quality healthcare for all. The celebrations included a video message from **Dr. Kiran Nasir** (Consultant Nephrologist), **Dr. Izza Hussain** (Consultant Hematologist), **Dr. Nida Iqbal** (Consultant Radiologist), **Dr. Shariq Anis** (Consultant Paediatric Urologist) and the Head Nurse **Ms. Hina Ali**, who reflected on the significance of freedom and shared their hopes for a healthier and more prosperous Pakistan. They emphasized their dedication to enhancing healthcare services and uplifting the nation.

Furthermore, a flag-hoisting ceremony was held at The Kidney Centre and the Post Graduate Training Institute, led by **Mr. Muhammad Siddique** (Manager Administration) embodying a collective sense of pride and responsibility toward building a stronger, healthier future for everyone.



CONTINUING MEDICAL EDUCATION SEMINAR:

An essential guide for general practitioners on the importance of Antenatal Hydronephrosis diagnosed on maternal ultrasound

Antenatal Hydronephrosis: A Must-know for GPs!

The Kidney Centre brought together leading experts, **Dr. Saima Kashif** (Consultant Paediatric Nephrologist) and **Dr. Shariq Anis Khan** (Consultant Paediatric Urologist), for a comprehensive CME on Antenatal Hydronephrosis. This critical condition, often detected through maternal ultrasounds, demands special attention. General practitioners with a focus on paediatrics and obstetrics gained invaluable insights. **Dr. Saima**, a renowned Nephrologist delved deep into the intricacies of Urinary Tract Dilatation, from definition and pathophysiology to diagnosis and management. **Dr. Shariq**, a skilled Paediatric Urologist, provided invaluable insights into the causes, types, and treatment options for Antenatal Hydronephrosis.



HAPPENINGS AT THE KIDNEY CENTRE

ANNUAL CONFERENCE OF PAKISTAN ASSOCIATION OF PATHOLOGISTS, PRE-CONFERENCE WORKSHOP:

Anti-microbial Resistance (AMR) and the significance of Minimal Inhibitory Concentration (MIC) of antibiotics in clinical management

The Kidney Centre, in collaboration with the **Pakistan Association of Pathologists**, successfully conducted a pre-conference workshop on Anti-microbial Resistance (AMR) and the Minimal Inhibitory Concentration (MIC) of antibiotics at The Kidney Centre & Postgraduate Training Institute. The event covered key topics including MIC testing by broth microdilution, identification of antimicrobial resistance, surveillance using antibiograms, and hands-on training on the Sensititre MIC system. The session also focused on the judicious use of antibiotics and the role of Clinical Microbiology in Antimicrobial Stewardship.



PRE-CONFERENCE WORKSHOP:

Infection Prevention and Control Practices in Dialysis Patients

The Kidney Centre & Post Graduate Training Institute, in collaboration with the **Pakistan Association of Pathologists (PAP)**, also conducted another insightful pre-conference workshop on Infection Prevention and Control Practices in Dialysis Patients. This activity emphasized critical practices such as infection tracking, proper cleaning and disinfection, and vascular access care to prevent complications. These efforts are part of our commitment to ensuring the highest standards of overall patient safety especially in dialysis units.



HAPPENINGS AT THE KIDNEY CENTRE

ARTICLE BY DR. IMRAN IFTIKHAR ON WORLD HEART DAY

A newspaper article by Dr. Imran Iftikhar discusses the significance of World Heart Day and promoting heart health awareness.

In Pakistan, patients with both chronic kidney disease (CKD) and heart disease face numerous challenges in diagnosis and treatment. **Dr. Imran Iftikhar**, Consultant Interventional Cardiologist at The Kidney Centre, sheds light on the need for a multidisciplinary approach to address these neglected patients. Read the full article here <https://kidneycentre.com/wp-content/uploads/2024/10/whdp2.pdf> to understand the critical role of specialized care in improving the lives of those battling both kidney and heart conditions. To download and read this informative article, please scan the following QR code.



HEALTH AWARENESS MESSAGES BY THE EXPERTS:

A series of informative health awareness messages featuring healthcare professionals discussing key health topics and patient care practices.

The Kidney Centre is committed to advancing community health, we are proud to share valuable insights from our expert consultants on key health topics:

- **Dr. Shobha Luxmi**, Consultant Infectious Disease: Highlighted the essential role of hand hygiene in preventing infections, both in hospitals and at home.
- **Dr. Izza Hussain**, Consultant Hematologist and Head of Laboratory: Focused on preventing thrombosis for World Thrombosis Day and provided lymphoma awareness on World Lymphoma Day.
- **Dr. Salma Haji**, Consultant Neurologist: Provided guidance on early recognition and management of Alzheimer’s Disease on World Alzheimer’s Day.
- **Dr. Aneel Kumar**, Consultant Pulmonologist: Emphasized on the importance of lung cancer screening and early detection.
- **Dr. Shoaib Mithani**, Consultant Urologist: presented an informative overview of lithotripsy, an advanced, non-invasive procedure for kidney stones treatment.

Follow us on Facebook, Instagram, LinkedIn, and YouTube. Visit our website at www.kidneycentre.com for more updates and scan the QR code below to watch these informative videos.



HAPPENINGS AT THE KIDNEY CENTRE

EMPLOYEE OF THE QUARTER, Q3 2024:

Recognizing outstanding performance and dedication of the Employee of the Quarter for the third quarter of 2024.

The Kidney Centre proudly recognizes its Employees of Quarter 3 for their exceptional contributions and dedication to excellence. The recognition ceremony was honored by **Ms. Marriana Karim**, vice chairperson, along with HR Department leadership. At TKC, we consistently acknowledge the hard work and performance of all employees. This tradition not only motivates the awardees but also encourages the entire team to maintain high standards of excellence. Congratulations to our well-deserving recipients:

- **Mr. Syed Mehtab Ahmed Bukhari**
Assistant Manager HR
- **Ms. Mumtaz Tariq**
Incharge Admission Office/ER Reception
- **Mr. Rahatullah Khan**
Driver, FOKC
- **Dr. Neha Asif Syed**
Resident Urology (R-II)
- **Mr. Malik Mehran**
Assistant ICU Technician



A LANDMARK ACHIEVEMENT:

Over 1,000 Surgeries in a Month. TKC Urology Team Leads the Way!

Reaching the extraordinary milestone of over 1,000 surgeries in just one month is a monumental achievement, particularly for our Urology Department, led by **Dr. Salman El Khalid** - Chief Urologist, TKC. This accomplishment is a direct result of the exceptional dedication and teamwork of our urology surgeons, residents, anesthetists, OT managers, coordinators, technicians, and the entire support staff.

The leadership of The Kidney Centre and Post Graduate Training Institute, combined with the expertise of the urology team, has been instrumental in achieving this milestone with a remarkable success rate. This achievement not only highlights their skills but also the collaborative efforts that go into providing outstanding care for our patients. This is a proud moment for The Kidney Centre, and we are more committed than ever to ensuring the highest quality care and outcomes for every patient.

WELCOME ON BOARD:

Introduction of new staff members



Mr. Faheem Darvesh
Senior Manager HR



Mr. Muhammad Talhazeb
Manager HR



Ms. Anum Hashmi
Deputy Manager, Quality Assurance

SERVING HUMANITY: Updates on the patient welfare program

During the last quarter (July to September 2024), with the help of our generous donors, well-wishers, and philanthropists, TKC treated thousands of patients, spending over PKR 207 million on patient welfare. Approximately 50 percent of the patients treated at TKC are from under privileged background and in need of financial assistance and this number continues to rise. For patients unable to afford treatment, TKC provides comprehensive renal care, free of charge. All donations made through Zakat/Charity are exclusively used to support those who cannot pay for their medical care.

We firmly believe that access to quality healthcare is a fundamental right, and our commitment to this principle has guided our actions throughout the year. Below is the welfare support provided to needy patients during Q3 (July–September 2024):

SERVICES	PKR
Free Filter Clinic	7,504,080
Dialysis Sessions	64,717,000
Diagnostic Procedures	41,496,650
Surgeries & In-patients	93,106,359
Lithotripsy Sessions	973,400
Total	207,797,489

TKC ensures that your donations are utilized with the highest standards of transparency and efficiency, dedicated to serving humanity. Your continued support empowers us to create a meaningful impact, transforming the lives of countless patients. Together, we are shaping a healthier, brighter future.